



## IAGG Global Research Network on Health & Ageing Questionnaire for selection process

Name of the Centre: **Ageing and Long-Term Care / CAPHRI / Maastricht University, The Netherlands**  
Key Investigator / Head of Department: **Prof. dr. G.I.J.M. Kempen / Prof. dr. J.P.H. Hamers**  
Phone: **+31 43 3881570**  
E-mail: **g.kempen@maastrichtuniversity.nl / jph.hamers@maastrichtuniversity.nl**

### Description of the Centre:

#### a) Type of investigations:

- Basic Science / Fundamental
- Clinical Research
- Health Services Research
- Epidemiologic/Public Health Research
- Other

#### b) Themes investigated (please specify):

- Dementia
- Frailty
- Sarcopenia
- Other Neurodegenerative Disorders
- Geriatric Disorders
- Cardiovascular Risk Factors
- Metabolism
- Ageing research
- Genetics
- Gerontechnology
- Other

#### c) Number of investigators in ongoing positions:

- Less than 5
- to 10
- More than 10

#### d) Number of investigators funded by specific projects:

- 1 to 3
- 4 to 5
- More than 5

#### e) Does your Centre have a:

- Clinical affiliation
- Academic affiliation

#### f) Does your Centre have a basic sciences program? (Please specify topic)

- Yes
- No

### If your Centre is affiliated to a Geriatric Department, please provide the following information:

#### a) Types of units:

- Acute Ward - **Number of beds: 0**
- Outpatient Ward - **Number of patients/year: 0**
- Community Care Unit - **Number of visits/year: 0**

- Day Hospital - **Number of places/day: 0**
- Geriatric Rehabilitation Unit - **Number of beds: 0**
- Long-Term Care - **Number of beds: 0**
- Special Units (stroke, memory, ortho-geriatric, psycho-geriatric) - **Number of beds: 0**

**b) Number of staff in the Department:**

Geriatric: **0**  
 Gerontology: **0**  
 Other: **0**

**c) Does the Day Hospital have specialist services?**

- Dementia / Memory
- Cardiovascular clinic
- Rehabilitation
- Falls assessment clinic
- Parkinson's disease clinic
- Other

**d) Does your Geriatric Department already cooperate with supervising clinical trials?**

- Yes
- No

**Management of the Centre:**

**a) Is your Centre an existing national or government recognized medical research Centre?**

- Yes
- No

**b) Does the Centre receive funded grants? (Please specify source)**

- Yes **Amongst others ZonMw, The Netherlands / European Union / Government, The Netherlands**
- No

**c) Does the Centre collaborate with trials funded by pharmaceutical companies?**

- Yes
- No

**d) Will the Centre shortly begin investigation projects?**

- Yes
- No

**Indicate the three main publications over the last 2 years:**

1/ Name of Journal: **Journal of the American Medical Directors Association 2015; 16: 963-968**

Title of article: **Daily (In)Activities of Nursing Home Residents in Their Wards: An Observation Study**

2/ Name of Journal: **Journal of the American Geriatrics Society 2016; 64: 354-358.**

Title of article: **Behind closed doors: involuntary treatment in care of persons with cognitive impairment at home in the Netherlands**

3/ Name of Journal: **British Medical Journal 2013; 347: f5264.**

Title of article: **Effectiveness of interdisciplinary primary care approach to reduce disability in community dwelling frail older people: cluster randomized controlled trial.**

**Please add short biographies (maximum 1 page) of the Key Investigators and Head of Department**

**Prof. Gertrudis I.J.M. Kempen** Program leader Ageing and Long-Term Care Function: Professor of Social Gerontology Biography: G.I.J.M. (Ruud) Kempen, originally trained as Medical Sociologist, is head of the multidisciplinary research program Ageing and Long-Term Care at the research School CAPHRI. In addition, he was the Chair of the Scientific Committee of CAPHRI and is an active member of the Living Lab in Ageing and Long-Term Care in Limburg ([www.academischewerkplaatsouderenzorg.nl](http://www.academischewerkplaatsouderenzorg.nl)). The main

scientific interest of Kempen and his research group is to study psychosocial aspects of ageing. On the one hand this refers to psychosocial determinants of independency, disablement and quality of life in old age. On the other hand his work comprises the development, evaluation and implementation of related innovative health care programs to slow down processes of disablement and to improve quality of life in old age. Kempen was member of the Editorial Board of the European Journal of Ageing, Associate Editor of Quality of Life Research and member of the Advisory Committees 'Prevention for older persons' and 'Disability among frail older persons' of the Health Council of the Netherlands. Furthermore he is President of the Dutch Society for Gerontology and since 2003 Fellow of the Gerontological Society of America (GSA). His research group published hundreds of papers in international peer-reviewed journals and many other articles and chapters on psychosocial aspects of ageing. Kempen supervised more than 20 external funded research projects (earning power more than 5 million Euros, mostly from ZonMw/NWO) and is a frequent (invited) speaker at national and international scientific meetings. He is reviewer for several scientific national and international journals as well as for major research funding agencies including Horizon2020. Kempen was furthermore appointed in several developmental and management roles in both bachelor and master programs at Maastricht University. Ambition: The research program Ageing and Long-Term Care should in close collaboration with regional health care partners, knowledge institutions as well as older people themselves substantially contribute to the improvement of quality of life of frail older people. This should result in excellent research, high scientific productivity and a recognisable contribution of the program to the success of CAPHRI as a centre of excellence.

----- Prof. Jan P.H. Hamers Programme leader Ageing and Long-Term Care Function: Professor in Care of Older Persons Biography: Jan Hamers is deputy chairman of the department of Health Services Research and head of the multidisciplinary research program Ageing and Long-Term Care at the research School CAPHRI. He is founder and chair of the Living Lab in Ageing and Long-Term Care ([www.academischewerkplaatsouderenzorg.nl](http://www.academischewerkplaatsouderenzorg.nl)), which is a successful formal collaboration between Maastricht University, Zuyd Hogeschool, MeanderGroep Zuid-Limburg, Envida, Sevagram, Cicero Zorggroep, Zuyderland, Mosae Zorggroep and Vivantes. Furthermore, he was the director of the Provincial Council of Public Health (PRV Limburg), he is the chair of the Supervisory Board of MeanderGroep Zuid-Limburg, and chair of the Scientific Committee of V&VN. He is member of the Gerontological Society of America and fellow of the European Academy of Nursing Science (EANS). Jan Hamers and his group conduct research focusing on the effectiveness of health care (e.g., physical restraint reduction and prevention, pain assessment in dementia, improving functional status and reducing disability) and on the organisation of the care process (e.g., quality of care, best practices in dementia care, innovations in health care, nursing leadership). Jan Hamers has been very successful in acquiring research grants (about 7.000.000 Euro, including EU-FP7), and in managing and completing major projects. He and his group have written many papers in scientific journals, professional journals, books etcetera. He is frequently invited as key note speaker at international meetings and scientific conferences, (guest) editor and reviewer for scientific journals and reviewer of major international research funding agencies and universities. Ambition: To contribute to the centre of excellence of CAPHRI, and: - conduct high quality research projects; - in close collaboration with (vulnerable) older people, their relatives and legal representatives; - in close collaboration with professionals (e.g., nurses, physicians), organisations of care providers and universities of applied sciences; - in order to contribute to the improvement of quality of care and the quality of life of older people.