



IAGG Global Research Network on Health & Ageing Questionnaire for selection process

Name of the Centre: **Advanced Research Institute for the Sciences and Humanities**
Key Investigator / Head of Department: **Yasuhiko SAITO (key investigator)**
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Description of the Centre:

a) Type of investigations:

- Basic Science / Fundamental
- Clinical Research
- Health Services Research
- Epidemiologic/Public Health Research
- Other

b) Themes investigated (please specify):

- Dementia
- Frailty
- Sarcopenia
- Other Neurodegenerative Disorders
- Geriatric Disorders
- Cardiovascular Risk Factors
- Metabolism
- Ageing research
- Genetics
- Gerontechnology
- Other

c) Number of investigators in ongoing positions:

- Less than 5
- to 10
- More than 10

d) Number of investigators funded by specific projects:

- 1 to 3
- 4 to 5
- More than 5

e) Does your Centre have a:

- Clinical affiliation
- Academic affiliation

f) Does your Centre have a basic sciences program? (Please specify topic)

- Yes
- No

If your Centre is affiliated to a Geriatric Department, please provide the following information:

a) Types of units:

- Acute Ward - **Number of beds: 0**
- Outpatient Ward - **Number of patients/year: 0**
- Community Care Unit - **Number of visits/year: 0**

- Day Hospital - **Number of places/day: 0**
- Geriatric Rehabilitation Unit - **Number of beds: 0**
- Long-Term Care - **Number of beds: 0**
- Special Units (stroke, memory, ortho-geriatric, psycho-geriatric) - **Number of beds: 0**

b) Number of staff in the Department:

Geriatric: **0**
 Gerontology: **0**
 Other: **0**

c) Does the Day Hospital have specialist services?

- Dementia / Memory
- Cardiovascular clinic
- Rehabilitation
- Falls assessment clinic
- Parkinson's disease clinic
- Other

d) Does your Geriatric Department already cooperate with supervising clinical trials?

- Yes
- No

Management of the Centre:

a) Is your Centre an existing national or government recognized medical research Centre?

- Yes
- No

b) Does the Centre receive funded grants? (Please specify source)

- Yes
- No

c) Does the Centre collaborate with trials funded by pharmaceutical companies?

- Yes
- No

d) Will the Centre shortly begin investigation projects?

- Yes
- No

Indicate the three main publications over the last 2 years:

1/ Name of Journal: **Sleep**

Title of article: **Association between Depression and Insomnia Subtypes: A Longitudinal Study on the Elderly in Japan**

2/ Name of Journal: **European Journal of Epidemiology**

Title of article: **Cross-national comparison of sex differences in health and mortality in Denmark, Japan and the US**

3/ Name of Journal: **Demography**

Title of article: **Changes in Disability-Free Life Expectancy for Americans 70 Years Old and Older**

Please add short biographies (maximum 1 page) of the Key Investigators and Head of Department

Yasuhiko Saito is a Professor in the Advanced Research Institute for the Sciences and Humanities at Nihon University, Tokyo, Japan. He has served as a council member of IUSSP from 2005 to 2009 and elected as an ordinary member of ISSC Executive Committee (2010-2013). He obtained his Ph.D. (Sociology) from the University of Southern California, Los Angeles, USA. His specializations are in demography and gerontology, and he has been working on population aging and health issues in both developed and

developing countries. Through the workshops that he has organized and the projects with which he is associated, his collaborative work with researchers extends over more than 20 countries, including the United States, Canada, Mexico, China, Taiwan, Korea, Philippines, Singapore, Malaysia, Thailand, India, France, UK, Germany, Italy, Denmark, Netherlands, Sweden, Switzerland, and Austria. In order to understand aging societies and older adults' health in particular, his research is inter-disciplinary and he has conducted work with researchers in the fields of Sociology, Economics, Gerontology, Psychology, Anthropology, Social Work, Epidemiology, Psychiatry, Dentistry, Internal Medicine, Nursing, and more. He also promotes data collection for the study of aging and health in Asian countries. Over the last 10 years, he has conducted a five-wave national longitudinal survey on aging and health in Japan. More recently, he has also conducted a national survey in the Philippines and supported surveys in Singapore and India. He is currently in the process of collecting data from France, Denmark, Sweden, Switzerland, and Japan for a 5-country comparative study of centenarians.