



IAGG Global Research Network on Health & Ageing Questionnaire for selection process

Name of the Centre: **Ageing and Health Research Group, School of Nursing, The Hong Kong Polytechnic University (to be named as the Center of Gerontological Nursing in the future)**

Key Investigator / Head of Department: **Prof Claudia K Y Lai**

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Description of the Centre:

a) Type of investigations:

- Basic Science / Fundamental
- Clinical Research
- Health Services Research
- Epidemiologic/Public Health Research
- Other

b) Themes investigated (please specify):

- Dementia
- Frailty
- Sarcopenia
- Other Neurodegenerative Disorders
- Geriatric Disorders
- Cardiovascular Risk Factors
- Metabolism
- Ageing research
- Genetics
- Gerontechnology
- Other

c) Number of investigators in ongoing positions:

- Less than 5
- to 10
- More than 10

d) Number of investigators funded by specific projects:

- 1 to 3
- 4 to 5
- More than 5

e) Does your Centre have a:

- Clinical affiliation
- Academic affiliation

f) Does your Centre have a basic sciences program? (Please specify topic)

- Yes
- No

If your Centre is affiliated to a Geriatric Department, please provide the following information:

a) Types of units:

- Acute Ward - **Number of beds: 0**
- Outpatient Ward - **Number of patients/year: 0**

- Community Care Unit - **Number of visits/year: 0**
- Day Hospital - **Number of places/day: 0**
- Geriatric Rehabilitation Unit - **Number of beds: 0**
- Long-Term Care - **Number of beds: 0**
- Special Units (stroke, memory, ortho-geriatric, psycho-geriatric) - **Number of beds: 0**

b) Number of staff in the Department:

Geriatric: **0**
 Gerontology: **0**
 Other: **0**

c) Does the Day Hospital have specialist services?

- Dementia / Memory
- Cardiovascular clinic
- Rehabilitation
- Falls assessment clinic
- Parkinson's disease clinic
- Other

d) Does your Geriatric Department already cooperate with supervising clinical trials?

- Yes
- No

Management of the Centre:

a) Is your Centre an existing national or government recognized medical research Centre?

- Yes
- No

b) Does the Centre receive funded grants? (Please specify source)

- Yes **Competitive bids of government grants, charitable foundations, non-government organizations**
- No

c) Does the Centre collaborate with trials funded by pharmaceutical companies?

- Yes
- No

d) Will the Centre shortly begin investigation projects?

- Yes
- No

Indicate the three main publications over the last 2 years:

1/ Name of Journal: **Dementia and Geriatric Cognitive Disorders (As a co-author in an international project)**

Title of article: **Non-pharmacological therapies in Alzheimer's disease: A systematic review of efficacy.**

2/ Name of Journal: **Cochrane Database of Systematic Reviews**

Title of article: **Special care units for dementia individuals with behavioural problems.**

3/ Name of Journal: **International Psychogeriatrics.**

Title of article: **Elopement among community-dwelling individuals with dementia.**

Please add short biographies (maximum 1 page) of the Key Investigators and Head of Department

Claudia K. Y. Lai, RN, PhD, is Professor in the School of Nursing at The Hong Kong Polytechnic University. She has practiced nursing in Hong Kong, Canada, and England, and has worked briefly as a volunteer nurse in India. Her program of research focuses on various aspects of long-term care and, in particular, on the care of people suffering from dementia. She has won a number of awards for her work on dementia care. In 2001, she and her team conducted a project, entitled "Ginkgo: A web-based resource center for dementia care? (www.ginkgogroup.org), which won the Sigma Theta Tau International Honor Society of Nursing's

(STTI) Information Technology Award in the category of Computer-Based Public Education. Ginkgo also won the Web Care Award (Primary Level Accessibility) in 2004 from the Hong Kong Internet Professionals Association, for its efforts in complying with the requirements of a barrier-free website. In May 2006, the Ginkgo project received the Outstanding Health Promotion Project Award from the Health Care and Promotion Fund Committee under the Health, Welfare and Food Bureau of the Hong Kong SAR government. Dr Lai was one of the nominees for the 2008 Barry Reisberg Award for Non Pharmacologic Research, Theory, and Clinical Practice, the HearthStone Foundation, US. This award honors an accomplished clinician and researcher for distinguished contributions to the field of non pharmacologic Alzheimer's disease treatment and care. Dr. Lai has published books, book chapters, and journal papers, both locally and internationally. In her line of work, she collaborates with researchers and clinicians from different health and health-related disciplines. She took second place in the 2003 International Psychogeriatric Association Research Awards in Psychogeriatrics and was selected as the STTI's 2004 recipient of the Research Dissemination in Nursing Award for Region 1. She is dedicated to the cause of dementia care and has volunteered her time at the Hong Kong Alzheimer's Disease Association since 1996. Her other voluntary commitments have included serving on the Specialized Committee on Elderly Service for the Hong Kong Council of Social Services from 2002-2005, and 2008-2009. She is the Nursing Advisor to the elderly services section of the Hong Kong Young Women's Christian Association and to the St. John's Ambulance Service of Hong Kong. She serves as Honorary Consultant to the Yuen Yuen Institute, a local voluntary service agency for the development of clinical practice guidelines and quality standards in elderly care. Internationally, she has served on the Board of Directors of Alzheimer's Disease International, the Futures Advisory Council, STTI, and the International Advisory Board of the STTI's journal, Reflections on Nursing Leadership. She is a member of the Task Force on Mental Health Services in Residential Care Facilities, International Psychogeriatric Association, and a member of the Working Group on the Development of a Consensus Statement on non-pharmacological therapies for Alzheimer's, convened by the Maria Wolff Alzheimer's Foundation, Spain.