Name of the Centre: Greek Alzheimer Association
Key Investigator / Head of Department: Tsolaki Magdalini
Phone: 00306942918933
E-mail: elpida.alz@gmail.com

**Description of the Centre:**

a) **Type of investigations:**
   - Basic Science / Fundamental
   - Clinical Research
   - Health Services Research
   - Epidemiologic/Public Health Research
   - Other

b) **Themes investigated (please specify):**
   - Dementia
   - Frailty
   - Sarcopenia
   - Other Neurodegenerative Disorders
   - Geriatric Disorders
   - Cardiovascular Risk Factors
   - Metabolism
   - Ageing research
   - Genetics
   - Gerontechnology
   - Other

c) **Number of investigators in ongoing positions:**
   - Less than 5
   - to 10
   - More than 10

d) **Number of investigators funded by specific projects:**
   - 1 to 3
   - 4 to 5
   - More than 5

e) **Does your Centre have a:**
   - Clinical affiliation
   - Academic affiliation

f) **Does your Centre have a basic sciences program? (Please specify topic)**
   - Yes
   - No

**If your Centre is affiliated to a Geriatric Department, please provide the following information:**

a) **Types of units:**
   - Acute Ward - Number of beds: 0
   - Outpatient Ward - Number of patients/year: 0
   - Community Care Unit - Number of visits/year: 0
Day Hospital - **Number of places/day:** 0
Geriatric Rehabilitation Unit - **Number of beds:** 0
Long-Term Care - **Number of beds:** 0
Special Units (stroke, memory, ortho-geriatric, psycho-geriatric) - **Number of beds:** 0

**b) Number of staff in the Department:**
- Geriatric: 0
- Gerontology: 0
- Other: 0

**c) Does the Day Hospital have specialist services?**
- Dementia / Memory
- Cardiovascular clinic
- Rehabilitation
- Falls assessment clinic
- Parkinson's disease clinic
- Other

**d) Does your Geriatric Department already cooperate with supervising clinical trials?**
- Yes
- No

---

**Management of the Centre:**

**a) Is your Centre an existing national or government recognized medical research Centre?**
- Yes
- No

**b) Does the Centre receive funded grants? (Please specify source)**
- Yes  European Commission
- No

**c) Does the Centre collaborate with trials funded by pharmaceutical companies?**
- Yes
- No

**d) Will the Centre shortly begin investigation projects?**
- Yes
- No

---

**Indicate the three main publications over the last 2 years:**

1/ **Name of Journal:** Neurobiology of Aging, In Press, Corrected Proof, Aug 2010  
**Title of article:** The association between white matter hyperintensities and executive decline in mild cognitive impairment is network dependent

2/ **Name of Journal:** The Lancet Neurology, 8 (7), p.619, Jul 2009  
**Title of article:** Prevalence and prognostic value of CSF markers of Alzheimer's disease pathology in patients with subjective cognitive impairment or mild cognitive impairment in the DESCRIPA study: a prospective cohort study

3/ **Name of Journal:** Neurobiology of Aging, In Press, Corrected Proof, Aug 2009  
**Title of article:** Combination analysis of neuropsychological tests and structural MRI measures in differentiating AD, MCI and control groups?The AddNeuroMed study

---

**Please add short biographies (maximum 1 page) of the Key Investigators and Head of Department**

Professor Kosta-Tsolaki Magdalini, Neurologist-Psychiatrist, Theologist, Aristotle University She was born in Thessaloniki. She entered the Medical School through exams and obtained her degree in 1978. She obtained her specialization in Neurology-Psychiatry and her PhD in 1983. Since 1982, she works in the
Medical School of Aristotle University of Thessaloniki. Today she is a Professor in the 3rd Neurological Clinic of Aristotle University and in the General Hospital ?Papanikolaou?. She founded in 1995 the Greek Association of Alzheimer?s Disease and today she is the President of the Pan-Hellenic Federation of Alzheimer?s Disease. At this moment there are Alzheimer?s Association Departments in 40 Greek cities, which she has repeatedly visited and lectured. She delivers lectures every year in International (34) and Greek (146) Conferences, she has written many Greek (152) and foreign (122) publications and books, alone or with partners (23). She has organized 6 Pan-Hellenic Alzheimer?s Disease Conferences, one European and one International and has supervised the respective conference books. She is participating in five European programs and an American one. Poptsi Eleni, Psychologist Graduate of the psychology department of Aristotle University in Thessaloniki. She cooperates since 2004 with the Greek Association of Alzheimer?s Disease, offering her services in the Day-care Centres both as a volunteer as well as a regular employee. Her day-care services are, the neuropsychological assessment of the elderly as well as the design and application of three cognitive-psychotherapeutic programs which are: Relaxation Techniques, Mental Imagery, Dance and Drama Therapy. She has made speeches on dementia in educational programs for health professionals, in organized day-care centres for the elderly (KAPI) and in the general public. She has taken part in publications as well as in international and national conferences presenting research data on MCI and dementia. She is a member of the administrative board of the Association of Alzheimer disease in Kalamaria and of the Greek Alzheimer?s Federation scientific committee. Dr Kounti-Zafeiropoulou Fotini, Cognitive Psychologist I was born in Thessaloniki. I hold a First Degree in Psychology, a Master?s Degree in Cognitive Psychology at the Aristotle University of Thessaloniki. My PhD thesis was on Cognitive Rehabilitation. I am president of the Association of Alzheimer?s Disease of Kalamaria. I belong to the scientific committee of the Greek Association of Alzheimer?s disease since 1995, to the scientific committee of the Greek Alzheimer Federation and to the administrative board of the Greek Alzheimer Federation. I am in the head of the Day Centre of Saint Helen of the Greek Alzheimer Association in Thessaloniki. I conduct neuropsychological assessment of patients with early Alzheimer disease, I supervise the application of therapy in Alzheimer disease patients with the aim of enhancing the brain. I talk with the families of the patients with dementia, inform them about the consequences of the disease in their lives and help them to manage with the demands of the new situation. I design postgraduate level seminars and train health professionals on dementia and brain fitness. I also take part in lectures for the wider public on the prevention of cognitive deterioration. I have taken part in many national and international conferences presenting research work on dementia and ageing and have published these works in national and international scientific magazines. I also have taken part to the organization of many national and international conferences. Karagiozi Konstantina, Psychologist Konstantina Karagiozi is a degree holder of the Psychology Department of Aristotle University of Thessaloniki. She has been trained on Cognitive Behavioural Psychotherapy (at the Greek Association for Behavioural Modification and Research, branch of Northern Greece, member of the European Association for Behavioural and Cognitive Therapies), which she has been practising privately since 2008. In 2004 she was appointed as psychologist at the Greek Association of Alzheimer Disease where she works up to date, applying neuropsychological assessment as well as the therapeutic programme ?Reminiscence? on patients with mild and moderate dementia. Working at the Saint Helen? Unit for Treatment of Alzheimer Disease Problems since 2007, she has been involved in supporting the families of dementia patients by operating groups of psychological support and consultancy, a programme with relaxation techniques, and psychosocial assessment of carers. Moreover, she carries out family meetings aiming at informing family members on the consequences the disease may bring on their relative-patient and themselves, as well as on issues of management and change of aims and roles in their lives. In addition, she participates with educational and informative speeches in educational programmes for carers of dementia patients, in seminars for the general public and in lectures at members of Day Centres for the Elderly. She has participated as a trainer at educational seminars for the specialisation of health professionals on dementia in Thessaloniki, Greece and other cities, and at international and national conferences. She has acted as a member of the organising committee of the 6th Greek International Conference on Alzheimer Disease. She has publications on third age issues, dementia and support of families of patients with dementia.